prevention measures have been found. At presentSo far, traditional Chinese medicine has achieved certain effects in the treatments of NASH and NASH-related diseases. Kessoku et al. [6] found that RES can alleviate inflammation and fibrosis in NASH mice. The experimental results showed that in the 12th week, the RES intervention improved increased the expression levels of plasma glucose, liver functions, blood fat, liver indexes, and inflammatory factor CD68. With the prolongation extension of high-fat feeding time, the degree of steatosis and inflammation of mouse livers in the model group was alleviated in the 16th week compared with those that in the 12th week, and ; most of the mice in the model group developed early liver cancers. During the periodIn addition, RES can significantly improved the steatosis, inflammation, and fibrosis lesions, in mouse liver while reducinge the levels of plasma glucose levels, liver functions, triglyceride slevels, liver indexes, liver inflammationsinflammation, fibrosis, and tumor gene expressionsexpression, thereby reducing the incidence rate of LCC.

In the this experiment, it was found that the TC in the model group was increased significantly in the NASH and LCC phases. In recent years, several studies have found that TC participates in the development of NASH and related LCC by promoting the expressions expression of inflammatory cytokines, such as TNF-α and MCP-1, and by activating the liver kupffer cells [7,8]. Animal experiments [9] found showed the changes in the bile acid septum-spectra in of the NASH-LCC mice modelmice s-fed with a high-fat diet, and the change was; the manifested as -significantly increased levels of cytotoxic bile acid components were significantly up-regulated; thus, the changes in bile acid spectra participated in the progression of NASH-LCC the by promoting the proliferation of tumor cells proliferation was promoted, suggesting that the changes in bile acid septum participated in the NASH-LCC progression. Drugs can reduce liver damages by inhibiting the production of bile acids and by regulatinge the synthesis of harmful components of bile acids, which is one of the mechanisms to reduce liver damages [10].